

## **Parent Consent Forms**

Mountain Club

August 1, 2023

***WRITTEN PERMISSION FOR A LICENSED MASSAGE THERAPIST OR OTHER  
CERTIFIED PROFESSIONAL OR HEALTH CARE PROVIDER TO TREAT A MINOR  
ATHLETE***

Mountain Club

I, \_\_\_\_\_, legal guardian of \_\_\_\_\_, a  
minor athlete, give express written permission, and grant an exception to the Minor Athlete  
Abuse Prevention Policy for \_\_\_\_\_ (massage therapist or other certified  
professional) to provide a massage, rubdown and/or athletic training modality on  
\_\_\_\_\_ (minor athlete) on \_\_\_\_\_ (date)  
at \_\_\_\_\_ (location). The massage, rubdown or athletic training  
modality must be done with at least one other adult present in the room and must never be done  
with only \_\_\_\_\_ (minor athlete) and \_\_\_\_\_  
(massage therapist or other certified professional) in the room. I acknowledge that I have the  
right to observe the massage, rubdown or athletic training modality. I further acknowledge that  
this written permission is valid only for the dates and location specified herein.

Legal Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

***WRITTEN PERMISSION FOR AN UNRELATED ADULT ATHLETE TO SHARE THE  
SAME HOTEL, SLEEPING ARRANGEMENT OR OVERNIGHT LODGING LOCATION  
WITH MINOR ATHLETE***

Mountain Club

I, \_\_\_\_\_, legal guardian of \_\_\_\_\_, a minor athlete, give express written permission, and grant an exception to the Minor Athlete Abuse Prevention Policy for \_\_\_\_\_ (minor athlete), to stay in the same hotel room of, or share a sleeping arrangement or other overnight lodging location with \_\_\_\_\_ (unrelated adult athlete) at \_\_\_\_\_ (location of hotel room or other overnight lodging location) from \_\_\_\_\_ to \_\_\_\_\_ (dates of applicable rooming arrangement). I further acknowledge that this written permission is valid only for the dates and location specified herein.

Legal Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

***WRITTEN PERMISSION FOR AN UNRELATED APPLICABLE ADULT TO PROVIDE  
LOCAL TRANSPORTATION TO MINOR ATHLETE***

Mountain Club

I, \_\_\_\_\_, legal guardian of \_\_\_\_\_, a minor athlete, give express written permission, and grant an exception to the Minor Athlete Abuse Prevention Policy for \_\_\_\_\_, an unrelated Applicable Adult to provide local vehicle transportation to \_\_\_\_\_(minor athlete) to \_\_\_\_\_(destination) on \_\_\_\_\_(date(s)) at \_\_\_\_\_(approximate time), and further acknowledge that this written permission is valid only for the transportation on the specified date and to the specified location.

Legal Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

***WRITTEN PERMISSION FOR AN UNRELATED APPLICABLE ADULT TO TRAVEL TO  
COMPETITION ALONE WITH MINOR ATHLETE***

Mountain Club

I, \_\_\_\_\_, legal guardian of \_\_\_\_\_, a  
minor athlete, give express written permission, and grant an exception to the Minor Athlete  
Abuse Prevention Policy for \_\_\_\_\_ (minor athlete), to travel  
with \_\_\_\_\_ (Applicable Adult), to travel from \_\_\_\_\_  
(point of origin) to \_\_\_\_\_ (destination) to attend the  
\_\_\_\_\_ (name of competition)  
from \_\_\_\_\_ to \_\_\_\_\_ (dates of travel to competition).

I acknowledge that \_\_\_\_\_ (minor athlete) cannot share a hotel room,  
sleeping arrangement or other overnight lodging location with \_\_\_\_\_  
(Applicable Adult) at any time. I further acknowledge that this written permission is valid only  
for the dates and location specified herein.

Legal Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## **Techniques of Swimming**

Dear Parents,

For better results of coaching, I often correct our swimmers' skills (like strokes, kick, diving, etc.) by moving our swimmers' arms/feet or putting a hand on the swimmers' back when needed during our practice and meets. Many parents have probably seen me doing these on the deck of the pool.

To protect swimmers, our club, and myself, I ask for your written permission instead of the previous verbal one for these instructional actions.

If you agree with me for me to do so, please sign the names and date below so that we have written records.

Of course, if you don't feel comfortable for me to do so during the practice and swim meets, I will do my best to teach your child(ren) verbally.

Thank you for your understanding!

Anna

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I agree with Coach Anna Zhang (of Mountain Club) to correct swim techniques during the practice and meets by moving my child(ren)'s arms/feet or putting one hand on my child(ren)'s back when needed.

Swimmers' Name(s): \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: