

Parent Consent Forms

Mountain Club

August 1, 2023

***WRITTEN PERMISSION FOR A LICENSED MASSAGE THERAPIST OR OTHER
CERTIFIED PROFESSIONAL OR HEALTH CARE PROVIDER TO TREAT A MINOR
ATHLETE***

Mountain Club

I, _____, legal guardian of _____, a
minor athlete, give express written permission, and grant an exception to the Minor Athlete
Abuse Prevention Policy for _____ (massage therapist or other certified
professional) to provide a massage, rubdown and/or athletic training modality on
_____ (minor athlete) on _____ (date)
at _____ (location). The massage, rubdown or athletic training
modality must be done with at least one other adult present in the room and must never be done
with only _____ (minor athlete) and _____
(massage therapist or other certified professional) in the room. I acknowledge that I have the
right to observe the massage, rubdown or athletic training modality. I further acknowledge that
this written permission is valid only for the dates and location specified herein.

Legal Guardian Signature: _____

Date: _____

***WRITTEN PERMISSION FOR AN UNRELATED ADULT ATHLETE TO SHARE THE
SAME HOTEL, SLEEPING ARRANGEMENT OR OVERNIGHT LODGING LOCATION
WITH MINOR ATHLETE***

Mountain Club

I, _____, legal guardian of _____, a
minor athlete, give express written permission, and grant an exception to the Minor Athlete
Abuse Prevention Policy for _____ (minor athlete), to stay in the same
hotel room of, or share a sleeping arrangement or other overnight lodging location
with _____ (unrelated adult athlete)
at _____ (location of hotel room or other overnight lodging
location) from _____ to _____ (dates of applicable rooming arrangement).
I further acknowledge that this written permission is valid only for the dates and location
specified herein.

Legal Guardian Signature: _____

Date: _____

***WRITTEN PERMISSION FOR AN UNRELATED APPLICABLE ADULT TO PROVIDE
LOCAL TRANSPORTATION TO MINOR ATHLETE***

Mountain Club

I, _____, legal guardian of _____, a
minor athlete, give express written permission, and grant an exception to the Minor Athlete
Abuse Prevention Policy for _____, an unrelated Applicable Adult to
provide local vehicle transportation to _____(minor athlete)
to _____ (destination) on _____ (date(s))
at _____(approximate time), and further acknowledge that this written permission is valid
only for the transportation on the specified date and to the specified location.

Legal Guardian Signature: _____

Date: _____

***WRITTEN PERMISSION FOR AN UNRELATED APPLICABLE ADULT TO TRAVEL TO
COMPETITION ALONE WITH MINOR ATHLETE***

Mountain Club

I, _____, legal guardian of _____, a
minor athlete, give express written permission, and grant an exception to the Minor Athlete
Abuse Prevention Policy for _____ (minor athlete), to travel
with _____ (Applicable Adult), to travel from _____
(point of origin) to _____ (destination) to attend the

(name of competition)
from _____ to _____ (dates of travel to competition).

I acknowledge that _____ (minor athlete) cannot share a hotel room,
sleeping arrangement or other overnight lodging location with _____
(Applicable Adult) at any time. I further acknowledge that this written permission is valid only
for the dates and location specified herein.

Legal Guardian Signature: _____

Date: _____

Techniques of Swimming

Dear Parents,

For better results of coaching, I often correct our swimmers' skills (like strokes, kick, diving, etc.) by moving our swimmers' arms/feet or putting a hand on the swimmers' back when needed during our practice and meets. Many parents have probably seen me doing these on the deck of the pool.

To protect swimmers, our club, and myself, I ask for your written permission instead of the previous verbal one for these instructional actions.

If you agree with me for me to do so, please sign the names and date below so that we have written records.

Of course, if you don't feel comfortable for me to do so during the practice and swim meets, I will do my best to teach your child(ren) verbally.

Thank you for your understanding!

Anna

I agree with Coach Anna Zhang (of Mountain Club) to correct swim techniques during the practice and meets by moving my child(ren)'s arms/feet or putting one hand on my child(ren)'s back when needed.

Swimmers' Name(s): _____

Parent Name: _____

Parent Signature: _____

Date: _____