

# **Parent Code of Conduct**

Mountain Club  
Revised, December 2023

## **PARENTS ARE EXPECTED TO:**

1. Complete and return your child's medical information on your joining form. Ensure the club has contact details for you.
2. Ensure your child is properly and adequately attired for the training session/event including all required equipment, hat, goggles and all relevant training kit, including kit for dry land training.
3. Inform the coach before a session if your child is to be collected early from a coaching session/meet and if so by whom.
4. Encourage your child to obey rules and teach them that they can only do their best. Do not force your child to swim.
5. Behave responsibly as a spectator at training/meets and treat swimmers, coaches, committee members and parents of yours and other clubs, and pool staff with due respect.
6. Ensure they do not use inappropriate language within the club environment.
7. Show appreciation and support for your child and all the team members.
8. Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the coaches.
9. Support the coaching staff and raise any concerns you have in an appropriate manner.
10. If you wish to have a discussion with the coach, please speak to them after a session to arrange a suitable time. In your dealing with your child's coach, treat the coach with respect and in the same manner, as you would wish to be treated.
11. Most of all, help your child enjoy the sport and achieve to the best of their ability.