

2025 MOUNTAIN CLUB for Swimming Practice and Individual Lessons

Contact information:

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Programs and Due

Groups	Group A	Group B	Group C	Master
Practice Times	3:30 - 5:00pm (E)* 4:00 - 5:30pm (M/H) *	5:30 - 6:30pm	5:00 - 5:30pm	6:15 - 7:15 am
Practice Dates	weekdays	weekdays	weekdays	Tue & Thurs
Monthly Dues	\$125 monthly	\$95 monthly	\$70 monthly	\$50 monthly
Annual fees (required)	Club fee: \$65 US reg fee: \$30 (or \$83 for competitive)	Club fee: \$65 US reg fee: \$30 (or \$83 for competitive)	Club fee: \$65 US reg fee: \$30	Club fee: \$65

* (E) for elementary schoolers

* (M/H) for middle schoolers and high schoolers

- **The pool admission is separate.**
- USA Swimming registration is required annually to cover swimmers' insurance.
- Mountain Club fee is required annually to cover club administrative and lane costs.